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For Immediate Release

Official kick start of MSIG Trail Running Series with MSIG Trail @ Braemar Hill

[Hong Kong, 19 January 2019] The first race of the 2019 MSIG Trail Running Series, MSIG Trail @ Braemar Hill, took place today as an official kick start to the series. Participants competed in one of two distance categories: 15K and 45K. Participants and finishers each battled through a diverse course which included technical trails, fast road sections, and climbing and descending some of Hong Kong Island's challenging peaks. The event acted as the first qualifying race for the MSIG Development Program.

In the 15km race, Hong Kong elite **Leanne Szeto** won the *15km female race overall*, and clinched maximum points towards the Youth Trail Running Development Program (Youth II). **Mei Yan Wong** placed second overall, also accumulating valuable qualification points for the Development Program (Youth II), and **Charlotte Taquet** finished third overall. Leanne Szeto shared her thoughts about the race, 'The 15K route of MSIG Trail @ Braemar Hill is highly suitable for those who has just started with trail running, as there are a balanced mix of concrete paths and mountain trails. The challenge comes at uphill – whether the runners' mindset is strong enough to conquer those climbs.'

In the *men's 15km race*, **King Long Wat** finished first in a rapid time of 1:14:53 earning maximum points to the Youth Trail Running Development Program (Youth II). Congratulations to **Adrien Konareff** who finished just 1 minute behind King. Hong Konger **Wai Hei Ng** finished in third overall, collecting maximum qualification points toward the Development Program (Youth I) for finishing first in his age category (16-24 years old).

For the **45K race**, **Bin Lang** finished first in 5:08:29, with a decisive 10-minute lead on second place finisher **Ho Yin Yeung**, who finished the race with a time of 5:18:08. **Nick Hodges** rounded out the top three men's overall winners, finishing less than four minutes later as the race clock struck **5:21:11**.

In the **45K overall women's category**, victory was clear-cut for runner **Fredelyn Alberto**, finishing with time of 6:01:48. **Emily Surgeon** came in second place with a time of 6:28:02, fourteen minutes ahead of the women's third place overall finisher **Stephanie Leung**, who finished in 6:42:21.

The 15K race started from Braemar Hill Playground on Hong Kong Island, headed out along Sir Cecil's Ride to Mount Parker Road, on towards Tai Tam Reservoir, then to Parkview / Jardine's Lookout and Mt Butler before heading back down to Braemar Hill.



The 45K race extended the 15K route west towards Mount Nicholson, Cameron, circling Aberdeen Reservoir via Bennet’s Hill and Tin Wan Shan before finally heading back to Braemar Hill for the finish. MSIG Trail @ Braemar Hill took participants along some of the most runnable trails in Hong Kong, offering spectacular views of the city’s skyline. 45K finishers received 2 ITRA points as an additional reward for their efforts.

The race results can be seen below, and at the following link: <https://msig.tgr.run/results/>

**The results may subject to change within a week after the race, please refer to official website for the latest and final results*

15k Solo

Position	Male	Female
1 st	King Long Wat (1:14:53)	Leanne Szeto (1:28:39)
2 nd	Adrien Konareff (1:16:03)	Mei Yan Wong (1:33:24)
3 rd	Wai Hei Ng (1:20:13)	Charlotte Taquet (1:38:34)

15k – Male Age Categories

Position	16-24 yrs	25-29 yrs	30-44 yrs	45-54 yrs	55+ yrs
1 st	Wai Hei Ng	King Long Wat	Adrien Konareff	Steve Glynn	Jonathan Gilchrist
2 nd	Ho Fung Hung	Plato Luk	Thomas Wetzler	Mark Western	David Seex
3 rd	Kenneth Tze Hong Cheng	Fuk Cheung Tsang	Jason Jia	Tim Marchant	Dwayne Brown

15k – Female Age Categories

Position	16-24 yrs	25-29 yrs	30-44 yrs	45-54 yrs	55+ yrs
1 st	Laiman Ng	Leanne Szeto	Charlotte Taquet	Lucia Colciago	Lynne Poelmann
2 nd	Ka Man Chung	Mei Yan Wong	Olivia Brocklehurst	Susi Eger	Yufang Fu
3 rd	Zoe Sun	Hor Sze Cheng	Denise Le	Louise Sherin	Lai Fong Tsang

45k Solo

Position	Male	Female
1 st	Bin Lang (5:08:29)	Fredelyn Alberto (6:01:48)
2 nd	Ho Yin Yeung (5:18:08)	Emily Laura Surgeon (6:28:02)
3 rd	Nick Hodges (5:21:11)	Stephanie Leung (6:42:21)



45k – Male Age Categories

Position	25-29 yrs	30-44 yrs	45-54 yrs	55+ yrs
1st	Ho Yin Yeung	Bin Lang	Ingo Wende	Michael Reagan
2nd	Wai Lun Mok	Nick Hodges	Ezra Emerson	Michael Kaye
3rd	Ho Chun Cheung	David Woo	Steve Corry	/

45k – Female Age Categories

Position	30-44 yrs	45-54 yrs
1 st	Fredelyn Alberto	Claudia Juhre
2 nd	Emily Surgeon	Yasuko Namura
3 rd	Stephanie Leung	Oi Mei Marie Tham

The MSIG Trail Running Series encompasses four trail running events throughout the 2019 calendar year, offering UTMB qualifying points to the participants. The Series aims to bring the Hong Kong running community a meaningful new trail challenge that showcases the city's spectacular and unique country parks. The Series endeavors to create development opportunities for Hong Kong's local running talent, with a focus on nurturing the city's talented trail-running youth.

The organizers would like to both congratulate and thank all runners for participating in this MSIG Trail Running Series and look forward to welcoming participants to future MSIG Series events.

For more information, please visit www.msigitrailseries.com or Facebook Page: www.facebook.com/MSIGtrailrunningseries.

Photo 1 and 2



Participants in both the 15km and 45km races joined MSIG Trails @ Braemar today, which served as the first race of 2019 MSIG Trail Running Series. 45K finishers received 2 ITRA points as an additional reward for their efforts.



Photo 3 and 4



The 45K race, offering 2 ITRA points, extended the 15K route west towards Mount Nicholson, Cameron, circling Aberdeen Reservoir via Bennet's Hill and Tin Wan Shan before finally heading back to Braemar Hill for the finish.

Photo 5



Hong Kong elite Leanne Szeto (2nd from the right) won the 15km female race overall, and clinched maximum points towards the Youth Trail Running Development Program (Youth II). Mei Yan Wong (1st from the left) placed second overall, also accumulating valuable qualification points for the Development Program (Youth II). Charlotte Taquet finished third overall (1st from the right). The awards are presented by Ms Nova Lee (2nd from the left), Senior Vice President, Strategic Partnership & Digital Business of MSIG Insurance (Hong Kong) Limited.



Photo 6



Leanne Szeto shared her thoughts about the race, 'The 15K route of MSIG Trail @ Braemar Hill is highly suitable for those who has just started with trail running, as there are a balanced mix of concrete paths and mountain trails. The challenge comes at uphill – whether the runners' mindset is strong enough to conquer those climbs.'

Photo 7



15K 25-29 age group male winners: King Long Wat (1st place - center), Plato Luk (2nd place - left) and Fuk Cheung Tsang (3rd place - right) celebrated their victory.



Photo 8



The Series is also committed to focus on zero waste, striving to fulfil its responsibility to the environment. Participants are encouraged to bring their own water bottle and refill their bottles with water machines.

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This press release is released on behalf of TGR International Limited by ActionHouse International Limited.

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About MSIG Insurance (Hong Kong) Limited

With a network of operations dating as far back as 1855, MSIG Insurance (Hong Kong) Limited (“MSIG”) has been providing general insurance solutions and products to customers in Hong Kong for more than 150 years. MSIG is backed by the solid foundation and rich heritage of Mitsui Sumitomo Insurance Company Limited, an established insurer that has received strong financial ratings from leading rating agencies, including Standard & Poor’s and Moody’s. Today, MSIG is one of the few foreign-based general insurers to have representation in every ASEAN country, a testament to its strength and reach. MSIG also benefits from being a member of the MS&AD Insurance Group – one of the largest general insurance groups in the world. Leveraging their multi-channel distribution, their strong partnerships with intermediaries and an extensive geographical network, MSIG offers a wide range of insurance solutions across personal and commercial lines. MSIG builds and nurtures enduring relationships, forging close partnerships through good times and bad.

About TGR International Ltd (GreenRace)

GreenRace is an event organiser specialising in sustainable and all-inclusive trail running races, with a diverse catalogue of events ranging across the Asia-Pacific region. Many hosted independently and others with partners, the majority of their races take place in Hong Kong and Japan. The driving mission of GreenRace is to ignite passion in their community of runners, designing trail running events that participants and volunteers of all ages and abilities will love. GreenRace remains vigilant in honouring its responsibility to the greater community and to the environment by striving for zero waste events. With every trail race created, they focus continually on quality, sustainability and total runner satisfaction for people from all walks of life. GreenRace has earned the loyalty of the Asian trail running community, and thrives thanks to the vital support of dedicated and like-minded volunteers.